

MARK YOUR CALENDARS!

Wednesday October 6, 2010
8:30 am to 4:30 pm
Hampton Inn and Conference Centre
Ottawa, Ontario

On **October 6th 2010** the **5th Annual Building Healthier Workplaces Conference** in Ottawa will bring together inspiring keynote speakers and experts speaking on this year's theme "**Addressing the Growing Impact of Mental Health in the Workplace**". Mental health in the workplace is a reality leaders can't afford to ignore. 20% - 25% of the labour force is affected by mental health issues - that's one in four employees! What other illness has such an impact? The economic price tag of mental illness in the workplace continues to increase. It is estimated that mental health and addiction issues cost Canada \$52 billion dollars a year in lost output and redundant wage costs.

This year's outstanding lineup of guests includes **Sandy Naiman**, award-winning journalist, blogger and college professor; **Dr. Linda Duxbury**, Spratt School of Business, **Dr. John Yardley**, Metrics at Work, **Mary Gleason**, Partner, Ogilvy Renault, **Marilee Mark**, Manulife Financial, **Louise Bradley**, CEO and President, Mental Health Commission of Canada, and a representative from the City of Ottawa. The **Building Healthier Workplaces Conference** is developed by **Manulife Financial, Mercer (Canada) Limited, the Royal Ottawa Health Care Group, Shepell-fgi** and **Thomas & Associates**.

The conference committee was recognized in 2006 as a Vision Award winner for outstanding contributions and accomplishments by professionals in the field of Human Resources in the National Capital Region, Eastern Ontario and Western Quebec. This one-day event could have a profound impact on the organizational effectiveness, culture, and competitive advantage of any business in any sector.

REGISTER AT: www.buildinghealthierworkplaces.ca early for what promises to be the most successful Building Healthier Workplaces ever.

IPMA-Canada members may register at a discounted rate of \$280.